KALLIDORA
ACADEMY

Extended Diploma in Sports Massage

Course Overview

Your Complete Guide to Training with Kallidora Academy

MFHEA License No: 2008-TC-005

Includes:

- Course Content & Assessment
- Attendance & Schedule
- Payment Options
- Government Scheme Eligibility
- Additional Costs & Uniform Info

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The sports massage course that we offer at Kallidora Academy leads students to a **Local & International** qualification to gain employment locally and internationally in the sports industry as Sports Massage Therapists.

COURSE TITLE	**VTCT (iTEC) Level 3 Extended Diploma in Sports Massage**
LEVEL	MQF/EQF Level 4
QUALIFICATION NO.	**603/4503/2**
ECTS CREDITS	37 ECTS
PRICE	**€1,900**
AWARDING BODY	VTCT Skills (iTEC)
DURATION	**8 Months**
PRE-REQUISITES	Diploma in Holistic Massage or equivalent

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ATTENDANCE

Students are expected to dedicate **5-10 hours** per week to their studies. This includes:

- 2.5 hours of mandatory weekly attendance for practical training, held in person at our Academy: 77, Zabbar Road, Paola
- Remaining hours for theory lessons, which are completed remotely from the comfort of your own home

SCHEDULE

> Practice lessons (In-Person at the Academy):

Held every **Thursday & Saturday** with two group options:
Group 1 Thursdays **@ 17:00 – 19:30**
Group 2 Saturdays **@ 08:00– 10:30**

> Theory lessons (Online):

- Weekly **pre-recorded lectures** are sent via email

- **Live Online Test/Tutorial Sessions** take place once a month. (Date to be confirmed between lecturer and applicants)
A full schedule including test/tutorial dates will be provided to each student upon application.

STUDY UNIT TYPE

Theory (Online, Recorded), Practice (School Premises)

STUDY MATERIAL

Recorded Lectures, PowerPoints, Notes, Worksheets

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COURSE CONTENT

1 Mandatory Units:

> iUSP:149 **Sports Massage**

ASSESSMENT

Your progress throughout the course will be evaluated through a combination of practical and theoretical components, along with case study work:

> **Practical Exams:**

- 1 Internal Practical Exam
- 1 External Practical Exam

> **Theory Exams:**

- 1 Internal Theory Exams
- 1 External Theory Exams

> **Portfolio of Evidence:**

5 Case Studies, each representing a client who receives 3 sports massage treatments
(15 treatments in total across 5 clients)

PAYMENT OPTIONS

Choose to pay your **tuition in full at enrolment**, or you can choose our **Flexible Payment Plan** and pay **€550 deposit** to secure your place and spread the remaining balance over **5 monthly instalments** of **€225** each, payable from **October to March**.

Important: Should you choose to withdraw from the course after enrolment and have chosen the flexible payment plan, you remain liable for the full course fee.

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ADDITIONAL COSTS

Please find below a list of additional costs that may apply throughout your course at Kallidora Academy:

✓ School Shirt

To be purchased from the Academy.
Approx. cost: €20

✓ Uniform

- **School Shirt** (as above)
- **Black trousers** (plain, no leggings or jeans — to be provided by the student)
- **Plain black flat shoes** (no trainers or ballerinas — to be provided by the student)

✓ Towels (Required for practical session):

- 4 Towels (150x90cm)
- 2 Towels (50x90cm)
- 2 Face Cloths (30x30cm)

These can be purchased through the school at a discounted rate.

✓ Textbooks (Optional but Recommended)

- The Complete Guide to Sports Massage by Tim Paine
- The Concise Book of Muscles by Chris Jarmey

✓ Graduation Celebration

Optional attendance at the end-of-year Graduation Party.

Estimated cost: €35–€45 per person

✓ Re-sit Exams

In case of exam resits, a fee of **€55 per exam applies.**

No Hidden Fees

We pride ourselves on transparency, and there are **no hidden fees** for students.

Additionally, students **are NEVER pushed** to purchase products or kits beyond the required items listed above.

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REFUND SCHEMES

Kallidora Academy, is proudly licensed as a Further Education Centre by the **Malta Further and Higher Education Authority (MFHEA).**
License Number: 2008-TC-005

As a licensed and regulated academy, all our courses that are awarded by **VTCT (iTEC)** and accredited by **Ofqual (UK)** are fully eligible for **government financial support schemes,** such as **Get Qualified**.

These schemes offer learners the opportunity to reclaim a high percentage of their course fees after successful completion, making quality education more financially accessible.

We are committed to keeping you informed. As soon as new government schemes or funding opportunities are announced, we will guide and assist you through the application process to help you benefit from them.

Thank you for your interest in our course and for taking the time to read this information.

Remember, every expert once started as a beginner – and we'll be with you from your first step to your full potential 😊