KALLIDORA
ACADEMY

Award in Indian Head Massage

Course Overview

Your Complete Guide to Training with Kallidora Academy

MFHEA License No: 2008-TC-005

Includes:

- Course Content & Assessment
- Attendance & Schedule
- Payment Options
- Government Scheme Eligibility
- Additional Costs & Uniform Info

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The Award in Indian head massage course that we offer at Kallidora Academy leads students to **a Local & International qualification** to gain employment locally and internationally in the Complementary Therapy Industry as Massage Therapists.

COURSE TITLE	**VTCT (iTEC) Level 3 Award in Indian Head Massage**
LEVEL	MQF/EQF Level 4
QUALIFICATION NO.	**603/4070/8**
ECTS CREDITS	6 ECTS
PRICE	**€1,100**
AWARDING BODY	VTCT Skills (iTEC)
DURATION	**6 Months**
PRE-REQUISITES	Applicants must be aged 16 or older

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ATTENDANCE

Students are expected to dedicate **2 to 6 hours** per week to their studies. This includes:

- **As from January:** 1.5 to 2.5 hours per week dedicated to theory lessons, completed remotely from the comfort of your own home
- **As from March:** An additional 2 hours per week for mandatory in-person practical training, held every week at our Academy: 77, Zabbar Road, Paola

SCHEDULE

> Practice lessons (In-Person at the Academy):

Held every **Monday** @ 17:00 – 19:00

> Theory lessons (Online):

- Weekly **pre-recorded lectures** are sent via email

- **Live Online Test/Tutorial Sessions** take place once a month on Wednesdays @ 17:00-19:00 – these are recorded and sent to students who would not be able to join live
A full schedule includinig test/tutorial dates will be provided to each student upon application

STUDY UNIT TYPE

Theory (Online, Recorded), Practice (School Premises)

STUDY MATERIAL

Recorded Lectures, PowerPoints, Notes, Worksheets

COURSE CONTENT

1 Mandatory Unit:

> iUBT322: **Provide Indian Head Massage**

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ASSESSMENT

Your progress throughout the course will be evaluated through a combination of practical and theoretical components, along with case study work:

> Practical Exams:

- 1 Internal Practical Exam
- 1 External Practical Exam

> Theory Exams:

- 1 Internal Theory Exam
- 1 External Theory Exam

> Portfolio of Evidence:

4 Case Studies, each representing a client who receives 1 Indian head massage treatment
(4 treatments in total across 4 clients)

PAYMENT OPTIONS

Choose to pay your **tuition in full at enrolment**, or you can choose our **Flexible Payment Plan** and pay **€300 deposit** to secure your place and spread the remaining balance over **5 monthly instalments** of **€160** each, payable from **January** to **May**.

Important: Should you choose to withdraw from the course after enrolment and have chosen the flexible payment plan, you remain liable for the full course fee.

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ADDITIONAL COSTS

Please find below a list of additional costs that may apply throughout your course at Kallidora Academy:

- ✓ **School Shirt**
  To be purchased from the Academy.
  Approx. cost: €20

- ✓ **Uniform**
  • **School Shirt** (as above)
  • **Black trousers** (plain, no leggings or jeans — to be provided by the student)
  • **Plain black flat shoes** (no trainers or ballerinas — to be provided by the student)

- ✓ **Towels** (Required for practical session):
  • 2 Towels (150x90cm)
  • 1 Face Cloth (30x30cm)

These can be purchased through the school at a discounted rate.

- ✓ **Textbook (Optional but Recommended)**
  • An Introductory Guide to Massage by Louise Tucker

- ✓ **Graduation Celebration**

Optional attendance at the end-of-year Graduation Party.

Estimated cost: €35–€45 per person

- ✓ **Re-sit Exams**

In case of exam resits, a fee of **€55 per exam applies.**

No Hidden Fees

We pride ourselves on transparency, and there are **no hidden fees** for students.

Additionally, students **are NEVER pushed** to purchase products or kits beyond the required items listed above.

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REFUND SCHEMES

Kallidora Academy, is proudly licensed as a Further Education Centre by the **Malta Further and Higher Education Authority (MFHEA).**
License Number: 2008-TC-005

As a licensed and regulated academy, all our courses that are awarded by **VTCT (iTEC)** and accredited by **Ofqual (UK)** are fully eligible for **government financial support schemes,** such as **Get Qualified**.

These schemes offer learners the opportunity to reclaim a high percentage of their course fees after successful completion, making quality education more financially accessible.

We are committed to keeping you informed. As soon as new government schemes or funding opportunities are announced, we will guide and assist you through the application process to help you benefit from them.

Thank you for your interest in our course and for taking the time to read this information.

Remember, every expert once started as a beginner – and we'll be with you from your first step to your full potential 😊